



AMERICAN COLLEGE of SPORTS MEDICINE®

Southeast Chapter



Inside

**What you need to know
about the 2021 Annual
Meeting**

**SEACSM Executive Board
candidates**

Fall 2020 Lecture "Tour"

**ACSM Leadership and Trustee
elections**

**Congratulations to new ACSM
Fellows**

**In memoriam, George "Will"
Lyerly**

Upcoming Events

SEACSM job postings

SEACSM essentials

Winter 2021 Newsletter

As one long, challenging year ends and another (hopefully) less challenging year begins, we are busy preparing for the Southeast ACSM Annual Meeting. In an effort to address individual and public health concerns of convening a large conference and the fact that many members are facing funding and other institutional limits on faculty and student travel, the **2021 SEACSM Annual Meeting** is a **virtual conference** on **Thursday, February 18** and **Friday, February 19**.

We have identified a virtual platform that will allow us to provide student and professional members with opportunities to present high-quality research, learn from our regional experts, and connect with friends and colleagues in an online environment. While we will miss the personal contact that makes our meetings so enjoyable, we are keeping as many of the aspects of our traditional meetings as we can including high-quality presentations, opportunities to engage with presenters, student award poster presentations, the Graduate School Fair, a virtual exhibit hall, the Emily Haymes Mentoring event, and the Sports Medicine Physician Program, and an awards ceremony and virtual social. We hope you will join us!

Wishing you a happy and healthy New Year,

Brian Parr, Newsletter Editor

Stay informed about the 2021 SEACSM Annual Meeting

As the Annual Meeting approaches we will be posting the full program, announcements, and other information about the Annual Meeting on our web page and on our social media platforms.

<https://www.acsm.org/acsm-membership/regional-chapters/acsm-chapters/southeast/annual-meeting>



What You Need to Know About the 2021 Annual Meeting

Virtual Platform

The 2021 Southeast ACSM Annual Meeting is a virtual conference using the Symposium by ForagerOne platform. The conference will include original research, pedagogy and research tutorials, research review symposia, clinical case studies, and research proposal presentations. Most presentations will be an online poster format, some of which include a short video explanation from the author, and a mechanism for engagement and discussion with attendees. Poster presentations and symposia will be available throughout the conference with scheduled sessions to interact with presenters. Invited lectures will be pre-recorded with live chat with presenters during those sessions. The Sports Medicine Physician Program will be streamed live on Friday morning. A link to access the online content will be provided upon registration.

Emily Haymes Mentoring Event

At this year's Emily Haymes Mentoring Event attendees will be able to engage with one another on several topics related to career development and the benefits of involvement in SEACSM and ACSM. After an opening panel discussion that will include a history of the mentoring breakfast at the conference, attendees will attend smaller break out rooms and discuss mentorship within industry, clinical, research, and academic spaces. The discussion will include questions on the benefits of membership and active involvement in both national and regional ACSM organizations. This event is open to students and professionals. Please indicate if you will attend this virtual event when you register. For more information, contact Amy Knab knaba@queens.edu.

Virtual Graduate School Fair

This annual event is an excellent opportunity for students to learn about graduate programs in our region. The virtual meeting this year is no exception!

Faculty: Please consider this opportunity to market your program and recruit some of the best undergraduate and graduate students! If your institution is interested in participating in this event, please contact Kim Reich (kreich@highpoint.edu) for more information.

Registration for the SEACSM Annual Meeting

Professional

SEACSM members (SEACSM membership paid with ACSM dues): \$40 registration fee
Non-SEACSM members: \$35 SEACSM membership + \$40 registration fee = \$75

Students

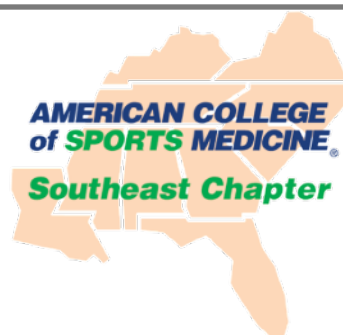
SEACSM members (SEACSM membership paid with ACSM dues): \$10 registration fee
Non-SEACSM members: \$15 SEACSM membership + \$10 registration fee = \$25

REGISTER HERE: https://members.acsm.org/ACSM/Events/Event_Display.aspx?EventKey=SE2021S

Prior to the conference, you will receive instructions on how to access the virtual platform.

2021 Annual Meeting

February 18–19, 2021



Preview Program

Thursday, Feb. 18

12:00–1:00 pm

Andrew Kozar ACSM Presidential Address

Weight Loss Disparities among Black and White Women – Twenty Years of Clinic Partnerships, Research Recruitment, Enrollment, Randomization, and Outcomes.
NiCole Keith, PhD, FACSM

1:00–2:00 pm

Poster and Review/Symposium Sessions

2:00–3:00 pm

Poster and Review/Symposium Sessions

3:00–4:00 pm

Keynote Address

Preventing Sudden Death in the Realm of Sport and Physical Activity.
Douglas Casa, PhD, FACSM

4:00–5:00 pm

Student Award Poster Competition

6:00–7:00 pm

Emily Haymes Mentoring Event

Friday, Feb. 19

10:00–11:00 am

Basic Science Lecture

What can basic science teach us about exercise prescription and the treatment of cardiovascular disease?
John Quindry, PhD, FACSM

11:00 am–12:00 pm

Poster and Symposium Sessions

12:00–1:00 pm

Clinical Crossover Lecture

Return to Exercise after Covid-19.
Dermot Phelan, MD

1:00–2:00 pm

Poster and Review/Symposium Sessions

2:00–3:00 pm

Henry J. Montoye Award Lecture

Prescribing Exercise for Patients with Failing Hearts Is There a Limit?
Peter Brubaker, PhD, FACSM

3:00–4:00 pm

Poster and Review/Symposium Sessions

4:00–5:00 pm

Poster and Review/Symposium Sessions

5:00 pm

Awards ceremony for the Student Award Poster Competition winners

All times are EST

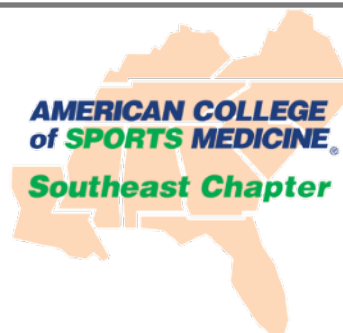
The SEACSM Annual Meeting is approved for 15 Continuing Education Credits (CECs) through ACSM.

Attention Presenters!

Instructions for preparing and submitting your poster or review/symposium presentation have been sent. If you did not receive them or have any questions, please contact us at seacsmorg@gmail.com.

2021 Annual Meeting

February 18–19, 2021



Sports Medicine Physician Program

Evidence Based Sports Medicine: Practice Changing Research

Friday, Feb. 19

8:00–8:15 am

8:15–8:45 am

8:45–9:15 am

9:15–9:45 am

9:45–10:00 am

10:00–10:30 am

10:30–11:00 am

11:00–11:30 am

11:30–11:45am

11:45 am–12:00 pm

12:00–1:00 pm

All times are EST

Opening Remarks

Concussions *Andrew Gregory, MD*

PT *John Kiel, DO*

PRP *Leonardo Oliveiro, MD*

Discussion

Break

C-Spine *Kim Kaiser, MD*

Ultrasound *Shane Hudnall, MD*

Discussion

Break

Clinical Crossover Lecture *Dermot Phelan, MD*

Information about Continuing Medical Education (CME) Credits will be provided to registrants for the Sports Medicine Physician Program.

SEACSM Executive Board Candidates

The Southeast ACSM Executive Board is made up from volunteers from our region that are elected at our Annual Meeting. Presidents serve for three years as President-Elect, President, and Past President. Members-at-large serve two-year terms. This year voting will be conducted online. SEACSM members will receive a unique link to vote via email. The Executive Board candidates are:

President Elect:

Andy Bosak, *Liberty University* | Danielle Wadsworth, *Auburn University*

Member at Large (2):

Bhibha Das, *East Carolina University* | Brian Kliszczewicz, *Kennesaw State University*

Nicole Rendos, *Emory University* | Mark Schafer, *Western Kentucky University*

Student Representative:

Benjamin Boudreaux, *University of Georgia* | Katie Spring, *Auburn University*

2020 Fall Lecture "Tour"



Jay Dawes

The 2020 Fall Lecture Tour was a one-time virtual event held on December 3, 2020.

Speaker: Jay Dawes, Ph.D., Oklahoma State University

Title: A Law Enforcement Agency is Not a Lab: Practical Considerations for Working with Tactical Athletes

Description: Physical fitness is essential in tactical populations, however there are numerous barriers and constraints that must be considered when working with these groups. In this presentation attendees will learn how to overcome some of the challenges associated with conducting research and working as a tactical strength and conditioning coach.

The lecture was organized and hosted by Ron Snarr, Ph.D., from Georgia Southern University.

A video of the lecture will be available later this spring.

Information about the 2021 Fall Lecture Tour will be available later this year. Assuming travel and face-to-face meetings are possible, the lecture tour is scheduled to visit Alabama, Florida, and Georgia.

SEACSM members running for ACSM Leadership and Board of Trustees positions

Elections for ACSM Leadership and Board of Trustees positions is underway now through February 26, 2021. There are several candidates that represent the Southeast ACSM region running for these positions. They are:

President-Elect

Kevin Vincent, MD, PhD, FACSM | *University of Florida*

Trustee: Basic & Applied Science

Shawn Arent, PhD, FACSM | *University of South Carolina*

Melanie Poudevigne, PhD, FACSM | *Clayton State University*

John Quindry, PhD, FACSM | *University of Montana* (Former SEACSM member and 2021 invited speaker)

Trustee: Education & Allied Health

Tamerah Hunt, PhD, FACSM | *Georgia Southern University*

Jennifer Trilk, PhD, FACSM | *University of South Carolina School of Medicine*

Trustee: Medicine

Jason Zaremski, MD, FACSM | *University of Florida*

Learn more about all the candidates at: <https://www.acsm.org/acsm-membership/about-us/2021-acsm-election-candidates/acsm-2021-election>. ACSM members will receive a unique link to vote via email.

Catching Up With ACSM News

Congratulations to new ACSM Fellows!

Fellowship recognizes commendable service to ACSM, encourages continued service and leadership to the College, and acknowledges distinguished achievement in sports medicine and related disciplines. This past year ACSM awarded Fellowship to over 50 members, including several from the Southeast region. Please congratulate our newest FACSM members:

Troy Blackburn

Tiffany Esmat

Erik Hanson

Amy Knab

Max Paquette

Brian Parr

Johna Register-Mihalik

Eric Ryan

Siobhan Statuta

Bryan Taylor

Rachel Tinius

In memoriam, George William Lyerly, PhD, FACSM



Dr. George William "Will" Lyerly, Jr., 44, of Conway, S.C. died Sunday, November 1, 2020 following a lengthy battle with cancer. Will attended Francis Marion University and completed his bachelor's and master's degrees in exercise science and a doctorate in exercise physiology at the University of South Carolina. As a doctoral student, he was mentored by and partnered for research with Dr. Steven Blair, Dr. Larry Durstine, and Dr. Gregory Hand. His passion for research and teaching led him to join the faculty of Coastal Carolina University in 2009, where he served as Associate Professor of Exercise and Sport Science and helped build the young program into one of the

university's largest today. His colleagues became like family and the legacy he leaves includes scores of students he mentored throughout his 12-year career. A Fellow of the American College of Sports Medicine, Will focused much of his career on research with a special interest in cardiovascular health and how physical activity affects individuals with chronic diseases. His work was published frequently in peer-reviewed journals. Will was a familiar face at ACSM and Southeast ACSM meetings as a presenter and session chair.

Get Social with SEACSM

Maintain social distancing by connecting with SEACSM on social media.



@SEACSM Chapter



@SEACSM



@southeastern_acsm

Upcoming Events



ACSM's **International Health & Fitness Summit** sessions translate the science of sports medicine, exercise and nutrition for leaders and practitioners in health and fitness through high-quality integrative presentations and state-of-the-art practical classes and demonstrations. The 2021 Virtual Summit will be held on April 7–11. Learn more and register at: <https://www.acsm.org/health-fitness-summit>



ACSM's **2021 Annual Meeting, World Congress on Exercise is Medicine and World Congress on the Basic Science of Exercise in Regenerative Medicine** will be presented virtually from June 1-5, 2021. Learn more at: <https://www.acsm.org/annual-meeting/annual-home>

RUNNING MEDICINE™ 2021

The **Running Medicine 2021** virtual conference hosted by UVA Health will be held on March 12–13, 2021. Contact Eva Casola (EvaC@virginia.edu) for more information and to request the Call for Abstracts to submit your research. Brochure and registration available at: www.cmevillage.com

Get connected with SEACSM

Learn more about volunteer opportunities, job and internship postings, graduate programs, and newsletters at:

<https://www.acsm.org/acsm-membership/regional-chapters/acsm-chapters/southeast/get-connected>

Job Postings

Radford University

POSITION: Tenure-Track Faculty Position in Exercise Science

APPOINTMENT DATE: August 10, 2021

RESPONSIBILITIES: Responsibilities include teaching undergraduate courses in area of expertise within the Allied Health Sciences major. Teaching assignments may include (but are not limited to) courses in Exercise Science/Physiology and Research Methods or other courses based on need. Faculty are expected to contribute to departmental, college, and university activities and contribute to university and community service. The department is seeking candidates who engage in high impact practices. Candidates must also engage in professional contributions as part of their responsibilities.

PREFERRED QUALIFICATIONS: Preferred teaching qualifications include college teaching experience, evidence of teaching effectiveness, and use of high-impact practices in undergraduate education. Evidence of research productivity preferred.

REQUIRED QUALIFICATIONS: Doctorate in Exercise Physiology, Exercise Science or related field. Candidates who are ABD may be considered.

LEARN MORE: On the SEACSM Job Posting site <https://www.acsm.org/acsm-membership/regional-chapters/acsm-chapters/southeast/get-connected/jobs-internships>

APPLY ONLINE: No email applications will be accepted <https://jobs.radford.edu/postings/8922>

University of North Alabama

POSITION: Tenure-Track, Associate/Full Professor/
Potential Department Chair; Kinesiology

APPOINTMENT DATE: Fall 2021

DESCRIPTION: UNA is a comprehensive, regional, state university offering undergraduate and graduate degrees. The University has an enrollment of approximately 8,500 students. The Department of Kinesiology maintains approximately 200 majors in Exercise Science, 100 in Sport and Recreation Management, and approximately 40 across Health and Fitness and Pedagogy. The Department has Master's programs in Health and Human Performance (approximately 58 majors) and Sport and Recreation Management (approximately 30 majors). The department will launch the institution's first Ph.D. (Exercise Science and Health Promotion) in fall 2021.

MINIMUM QUALIFICATIONS: A terminal degree in Exercise Science, Health Promotion, Kinesiology or a related field is required; Evidence of successful college/university-level teaching experience, as well as scholarly and creative accomplishments will be required if selected for an interview; Experience in administration and/or leadership is preferred.

LEARN MORE: On the SEACSM Job Posting site <https://www.acsm.org/acsm-membership/regional-chapters/acsm-chapters/southeast/get-connected/jobs-internships>

APPLY ONLINE: To apply for this position, please visit our Online Employment System at <http://jobs.una.edu/postings/5650>

Is your institution hiring?

Post your job or internship on the SEACSM website to connect with qualified students and professionals. Fill out the SEACSM Job Posting form at:

<https://www.acsm.org/acsm-membership/regional-chapters/acsm-chapters/southeast/get-connected/jobs-internships>

SEACSM Essentials

SEACSM Board Members

John Petrella, President. Samford University, jkpetrel@samford.edu

Rebecca Battista, Past-President. Appalachian State University, battistara@appstate.edu

Matt Green, President-Elect. University of North Alabama, jmgreen@una.edu

Yuri Feito, At-Large Member. Kennesaw State University, yfeito@kennesaw.edu

Jennifer Bunn, At-Large Member. Sam Houston State University, jab229@shsu.edu

Eric Plaisance, At-Large Member. University of Alabama-Birmingham, plaise@uab.edu

Kim Reich, At-Large Member. High Point University, kreich@highpoint.edu

Jonathan Ruiz-Ramie, Student Representative. Augusta University, jruizramie@augusta.edu

Dulce Gomez, Auburn University. Student Representative, dhg0008@auburn.edu

Brent Messick, Clinical Representative. Atrium Health Musculoskeletal, brent.messick@atriumhealth.org

Carolynn Berry, Executive Director. Winston-Salem State University, berry@c@wssu.edu

Michael Berry, Exhibits, Sponsorships and Fund Raising. Wake Forest University, berry@wfu.edu

Kevin McCully, Representative to ACSM. University of Georgia, mccully@uga.edu

Brian Parr, Communication Director. University of South Carolina Aiken, bripan@usca.edu

Upcoming events

SEACSM 2021 Annual Meeting
February 18–19, 2021

Running Medicine
March 12–13, 2021

ACSM Health & Fitness Summit
April 7–11, 2021

ACSM Annual Meeting
June 1–5, 2021

SEACSM 2022 Annual Meeting
February 17–20, 2022

Keep in touch!



www.seacsm.org



seacsmorg@gmail.com



@SEACSM Chapter



@SEACSM



@southeastern_acsm